

PRODUCT SPECIFICATION DOCUMENT



BEEF & VEGGIE STROGANOFF WITH MASH

Tender Aussie beef chunks and veggies in a rich sauce with mashed potato.

*Bulk excludes mash



Good Source of Protein | Aussie Made and Owned | Simply Heat and Eat

NUTRITIONAL INFORMATION - 400g Pre-Pack

Serving Size: 400g Servings Per Pack: 1	Average Quantity per Serving	Average Quantity per 100g
Energy	1700 kJ	426 kJ
Protein	24.8 g	6.2 g
Fat, total	16.9 g	4.2 g
- Saturated	5.2 g	1.3 g
Carbohydrates	35.4 g	8.8 g
- Sugars	14.5 g	3.6 g
Sodium	1590 mg	397 mg

IMPORTANT PRODUCT INFORMATION - PRE-PACK

Shelf Life (Unopened)	25 Days
Shelf Life (Opened)	4 Days
Storage	At or below 4°C
Transportation	At or below 4°C
Batch Code Location	Printed on side of container
Used By Location	Printed on side of container



INGREDIENTS: Potato Mash (37%) [Potato (30%), Margarine (Emulsifiers (471, **Soy** Lecithin), Preservative (202), Food Acid (330), Vitamins (A and D), Natural Colour (160a)), **Milk** Powder, Salt, Pepper], Stroganoff Sauce (27%) [Water, Sliced Mushrooms (5%), Onion, Margarine (Emulsifiers (471, **Soy** Lecithin), Preservative (202), Food Acid (330), Vitamins (A and D), Natural Colour (160a)), **Wheat** Flour (Vitamins (Thiamin, Folic Acid)), Sour Cream (Cream (from **Milk**), Gelatine, Culture), Tomato Sauce (Tomato Paste, Sugar, Food Acid (260), Salt, Onion, Spice Extract), Worcestershire Sauce (Colour (150d)), Minced Garlic (Thickener (414), Food Acid (270), Mineral Salt (509)), Dijon Mustard (Food Acid (260)), Salt, Frozen Spinach, Olive Oil, Cracked Pepper, Brown Sugar, Brandy Essence], Beef Strips (14%), Water, Carrot (5%), Potato (5%), Zucchini (2%), Beef Stock Powder (Flavour Enhancer (635), Colour (150d), Anticaking Agent (551), Food Acid (330)), Imitation Vinegar (Food Acid (260)), Red Capsicum (0.5%), Yellow Capsicum (0.5%), Onion Powder, Olive Oil, Smoked Paprika.

Contains Wheat, Gluten, Soy, Milk.

May Contain Peanuts, Tree Nuts, Egg, Fish, Crustacea, Mollusc, Sesame, Lupins, Sulphites.

REHEATING INSTRUCTIONS:

Microwave Instructions for 400g size. Remove outer packaging. Peel back film lid from one corner and re-cover. Place on a microwavable plate. Heat on full power for 2 minutes. Peel back film lid and stir gently. Recover. Heat on full power for 30 seconds. Stand for 1 minute.

Microwave Instructions for 400g size FROM FROZEN. Remove outer packaging. Peel back film lid from one corner and re-cover. Place on a microwavable plate. Heat on full power for 3 minutes. Peel back film lid and stir gently. Recover. Heat on full power for 3 minutes. Stand for 1 minute.

Heating times are based on a 700W microwave and are guidelines only. CAUTION: Container will be hot after reheating. Check food is **piping hot throughout** before serving.

REORDER CODES		
SIZE	SIMPLY TASTY	METCASH
3KG	HAE273	366650
400G	HAE274	436824



Manufactured by Simply Tasty

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JL King & Co / Simply Tasty Product Specifications

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